



CANDLES in the wind

A House Magazine of **UDAVUM KARANGAL**

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From the Desk of the Founder Secretary!

Dear Friends and Well Wishers,

Warm Greetings!

First and foremost I would like to thank everyone for making Udavum Karangal as one of the largest conglomerate in Tamil Nadu, in the sense that it has brought scores of people of different religion, caste, and creed together who have jointly grabbed the opportunity to help the society with dedication and a purpose.

As you are the patrons & well-wishers of this great organization, I would like to share with you an accolade conferred on me by a leading organization called the KSA Trust an Award. "The Champions of Chennai -2023" in recognition of the social initiatives taken by me and my team.

The service rendered by me under Udavum Karangal's Fort for the last 40 years was recognized and published by The Leading News Paper "Hindu Group". In a book named "Pioneers" authored by Ms. Kausalya Santhanam.

Whenever I step on a stage, a glimpse of nostalgia hits me. I still remember 40 years ago people identified me as a forerunner in serving the society and till date I am glad that I have not let down their hopes. During the course of time, with all your support and blessings, Udavum Karangal has transformed into a well renowned community outreach organisation. It started like serving individuals but later developed in serving communities, neighboring districts, remote villages and even the State as a whole. All these were made possible because of nurturing my passion and purpose all through these forty years before and still expect the same in the future too.

The mantra for every successful NGO is

"Idea --- Compassion --- Service --- Support".

The mantra for every successful Social Worker is

"Sympathy --- Empathy --- Serving Attitude --- Presence of mind --- Communication"

I am back with the quarterly happenings in Udavum Karangal

- We had a General Body meeting in the month of Sept 2023. All the trustees made their presence and it was very helpful to enhance knowledge and ideas for the future projects of Udavum karangal.
- LPG Crematorium Construction at Otteri, Chennai is at its peak.
- Jeevan Community College in the new premises started to function full fledgedly.
- Festivals, reunions of mentally-ill patients with their family.
- Awards etc.

Regards

S. Vidyaaakar

Founder Secretary



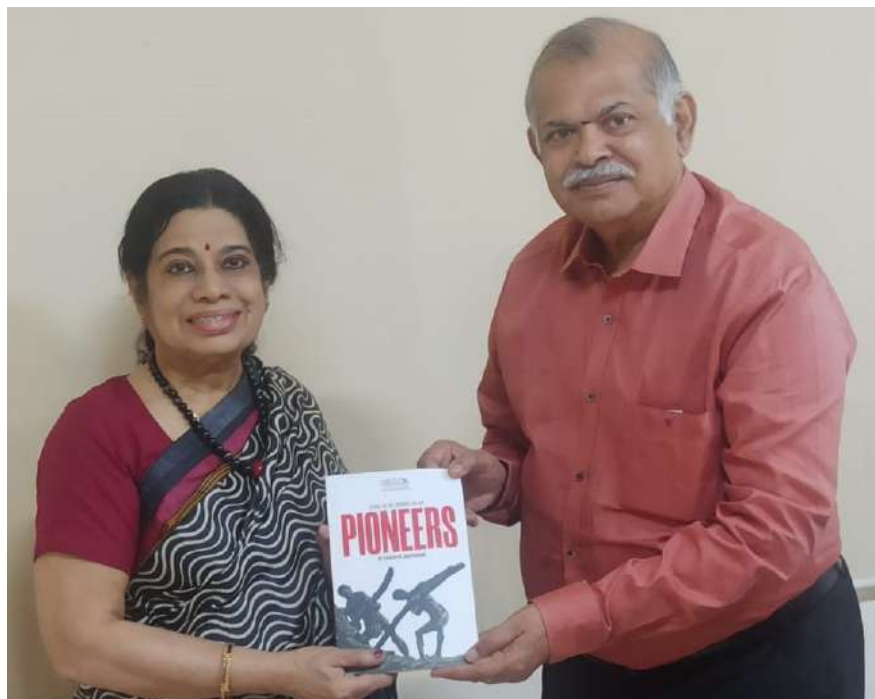
"You have not lived today until you have done something for someone who can never repay for."



One more feather in the hat of Udavum Karangal: Stars in the Madras Galaxy:



A book was published by renowned writer Kausalya Santhanam and published by the leading News Paper "The Hindu Group". In this book the author throws light on the famous people who have sacrificed their lives for a cause in the respective fields. Many such personalities were published in the book. Under the field of social work Udavum Karangal Founder "Mr. Vidyaakar" name was published. His initial days of work were also focussed.



Writer Kausalya Santhanam presenting the book to Pappa Vidyaakar





Pappa Vidyaakar received Champion of Chennai Award 2023



Shield presented to Mr. Vidyaakar
Courtesy: KSA Trust





Rescue- Rehabilitate – Reunion Column:

Destitute man of Jharkhand reunited with relatives after 8 months of missing:

38 year old Sailendra Tiwari of Jharkhand, who was living in abject conditions near Ambattur OT Bus stand, was rescued by Udavum Karangal (NGO with Home at Shanthivanam, Thiruverkadu) on 8th July '23 and reunited with his relatives on August 04th 2023.

S. Vidyaakar, (Founder of Udavum Karangal) told that the man was in a depressed and emaciated state when he was rescued. After psychiatric treatment and counseling for a couple of days, he disclosed that he was from Tolra Village, Palamu District of Jharkhand State, and gave information about his family members. The Social workers of the NGO, Mr. Srinivasa Rao, managed to contact his cousin brother Brajkishore Tiwari and uncle Rakesh Tiwari living in the village by locating through Google search. They immediately confirmed his brother's identity through a photo shared on Whatsapp. Mr. Rakesh Tiwari, his uncle who rushed to Udavum Karangal to take him back to his native said that Sailendra (the patient) was missing for the past eight months and were frantically searching for him. The family had lost all hopes of seeing him again. His father died when he was six months old, his mother died in 2022 due to illness and he has no siblings. All along he and his mother were living in utter poverty, due to which he became depressed and developed mental illness. He is not married and was living with his uncle Mr. Rakesh Tiwari in Chattisgarh. One day, i.e. in November 2022, due to deep depression he left his uncle's house without informing anyone. On 4th August '23 his uncles viz., Rakesh Tiwari and Amarjith Tiwari came to Udavum Karangal, Thiruverkadu, to take back Sailendra.

They thanked Vidyaakar for rescuing Sailendra and taking efforts to locate his family. The family members were given counseling as to how psychiatric patients are to be treated while living in family and also free medicines for a month. If you find anyone on the streets who have no one to care contact Udavum Karangal in 9940188012. Udavum Karangal (Founder Mr. Vidyaakar.S) a 40 year old NGO has rescued and reunited 5456 patients back to their family to over 24 Indian States.



Sailendra at the time of rescue on 8-7-23



Sailendra at the time of reunion



Sailendra (in Blue shirt) reunited with his uncles by Mr. Vidyaakar, Founder Udavum Karangal



Marriages at Udavum Karangal



Ms. THIRUMALA VIDYAAKAR
weds
Mr. MANIKANDAN
05/07/2023



Ms. ANGEL VIDYAAKAR
weds
Mr. SARATH KUMAR
07/07/2023



Ms. SAVITHA VIDYAAKAR
weds
Mr. DHINAKARAN
20/08/2023



Ms. AARANI VIDYAAKAR
weds
Mr. RAJKANNAN
21/08/2023



Ms. AGALYA VIDYAAKAR
weds
Mr. SANTHOSH KUMAR
03/09/2023



Ms. MOUSAM VIDYAAKAR
weds
Mr. MEENAKSHI SUNDARAM
10/09/2023



ENGAGEMENT CEREMONY ON 12/07/2023
Ms. AHALYA & Mr. SANTHOSH KUMAR



Ms. DEEPASHREE VIDYAAKAR
weds
Mr. PANDIDURAI
17/09/2023



Merriment at Shanthivanam

As a part of extra curricular activities, resident children are given some sort of outdoor and indoor activities by Mrs. Manjari Udavum Karangal Social worker. These activities will help children to develop their thinking skills, leader ship skills, communication and also encourage them to be a good team member. One such activity was introduced to the resident children. It is simple Emotional Intelligence assessment to gauge their emotional stability.

Champa Vidyaakaar topped with 149/165 points and received a small token of appreciation.



Lunch given to the civil workers of Otteri Crematorium:

One of Udavum Karangal's long time associate and well-wisher Mr. Bart, Netherlands, seeing the hard work and dedication of the workers of Otteri Crematorium has sponsored the lunch of these 25 people. The lunch – a sumptuous Biriyanis was distributed to them on 8th September 2023 at the construction premises. The workers expressed their happiness by thanking Mr. Bart.



Mr. Vidyaakar with his team



Pappa Vidyaakar serving lunch to the workers



STUDENTS OF VELAMMAL VIDYASHRAM DONATED GROCERIES TO UDAVUM KARANGAL HOME

On August 15th 2023 Independence Day was celebrated at Velammal Vidyashram School, Surapet, during which time a huge consignment of groceries and toiletries were donated to Udavum Karangal by the students of the School. The school had advised its students to contribute their mite on the occasion in order to donate it to a NGO. There was an overwhelming response from the students and they had made a huge contribution.

In Chennai they stood as a model school to make aware the students "that sharing happiness is part of their life". Their motto is in the lines of what Mahatma Gandhi said, "The best way to find yourself is to lose yourself in the service of others". When you help someone, you can see a smile on their faces. Their contribution has brought smiles to the faces of our children. The school management and the staff were also thanked for having motivated the students.



On Independence day on 15-08-2023, the Management of Velammal Vidyashram made an announcement to all its students to donate groceries to Udavum Karangal. The following items were donated by the students:

| Sl.No. | Items | Quantity |
|--------|--------------|----------|
| 1. | RICE | 100 Kgs |
| 2. | TOOR DHALL | 40 KGS |
| 3. | SUGAR | 63 KGS |
| 4. | WHEAT FLOUR | 37 KGS |
| 5. | IDLY RICE | 45 Kgs |
| 6. | MAGGI | 4 Kgs |
| 7. | TEA POWDER | 8 Kgs |
| 8. | BLACK CHENNA | 12 Kgs |
| 9. | GINGILY OIL | 2 Ltrs |
| 10. | GOLD WINNER | 8 Kgs |
| 11. | BATHING SOAP | 60 Nos |
| 12. | WASHING SOAP | 2 Nos |



Udavum Karangal expresses its sincere gratitude for the noble gesture. We appreciate their efforts in inculcating to the students the culture of sharing happiness by way of "Giving to the under privileged".



Well –Wisher donated 10 sarees for Udavum Karangal resident.

A donor and well- wisher by name Ms. Deepti Tak, donated 10 sarees for Udavum Karangal resident. The ladies were happy to receive the new sarees.



UDAVUM KARANGAL PROVIDES MOBILITY AIDS TO PATIENTS OF KILPAUK MEDICAL COLLEGE HOSPITAL ON INDEPENDENCE DAY 2023.

There was a requirement of mobility aids like Multipurpose Wheel Chair, Foldable Wheel chair – 15 nos., Sticks- 15 for Physical Medicine and Rehabilitation Ward of Kilpauk Medical College Hospital. Udavum Karangal, through its Health Manager, Mr. Mohan, provided the above items on the eve of Independence day, 15 August 2023 in the presence of the Doctors and Medical staff.





Contribution under Corporate Social Responsibility by M/s Deugro Ltd, Chennai:

India is the first country in the world to make corporate social responsibility (CSR) mandatory, following an amendment to the Companies Act, 2013 in April 2014. Businesses can invest their profits in areas such as education, poverty, gender equality, and hunger as part of any CSR compliance. Section 135 of the Companies Act 2013 (Act), mandates that certain companies must allocate at least 2% of their average net profits from the preceding three financial years towards CSR activities. This provision applies to companies with a net worth of Rs. 500 crores or more, a turnover of Rs. 1000 crores or more, or a net profit of Rs. 5 crores or more during the immediately preceding financial year.



Mr. Vidyaakar Founder Udavum Karangal receives a cheque from M/s Deugro Ltd, Chennai

Accordingly, M/s. Deugro Ltd., Chennai, have contributed as sum of Rs.1,03,975/- under CSR towards the Skill Development Programme at Jeevan Community College under Udavum Karangal Educational Trust. Mr. Jinoj Kumar, the company representative along with 3 of their Executives visited JCC on 11th September 2023 and handed over the cheque to the Founder Secretary. After which, they were also taken around the Shanthivanam Home and RVN School explaining the activities their activities.

Observational Visit from Shenbaga College of Nursing to Shantivanam - 04.09.2023

As part of their curriculum, the Shenbaga College of Nursing which is III year B.sc Nursing - 48 Students and 3 staff members visited Shantivanam Home on 04.09.2023, Udavum karangal - A home for Abandoned children and Mentally ill patients at 10.00 am.

Ms.Kavitha, Coordinator explained about the Vision and mission of the organisation...various branches... various sectors of social work, organisation structure..Various homes of children and psychiatric wings...system of working...Education for children and special children...our commitments, women empowerment programmes...community outreach programmes...marriages..etc via PPT presentation. The official video "Face in the crowd " depicting the origin of Udavum Karangal and its activities was shown to the students.

Students were enthusiastic and very passionate towards learning...they were also taken around all the units in Shantivanam for an interaction with the mentally ill patients under rehabilitation.



Mrs. Kavitha Principal JCC giving an interactive session to the students of Shenbaga College of Nursing



RAKSHA BANDHAN CELEBRATIONS- the bond and protection By BRAHMA KUMARIS - 01.09.2023

As we celebrate Raksha Bhandan, may the threads of love and protection always behind us to gather in a strong and unbreakable bond between the siblings by tying the Rakhi. The Brahma Kumari's is the largest spiritual organization in the world that is led by women, Shiva Baba, god of all religions, is considered as a spiritual guide of Brahma Kumari's, whose objective is to awaken the humanity and remove evils. Shiva Baba is a supreme soul and a point of light.

The team of Brahma Kumari's explained about the values of life and few lines about Rajayogam meditation and tied the Rakhis-(not for a sibling relationship but to maintain a gods relationship) to our JCC students is to create positivity with Chandan and positive quotes which is considering as god's message. Overall, the program was well received by the JCC Students, Staffs and even housekeeping staffs attended the program which is new concept to learn for them and first time experience to feel the Brahma Kumari's vibes and all went out with a great smile and positive vibes.

We thank Pappa Vidyaakar, Founder secretary to arranging the session and Ms.Kavitha,Co-ordinator and their Team for organizing the program.



Brahmakumaris team in JC



Krishna Jayanthi Festival celebrated at Udavum Karangal Shanthivanam Home:

Krishna Jayanthi Festival celebrated at Udavum Karangal Shanthivanam Home on September 7th 2023 in a grand manner. Colourful grand rangoli of God Krishna was drawn by resident children and social workers. It was a colourful feast for the eyes. Ethnic wear was the dress code for resident children they looked very colourful and sweets and savouries were also served to everyone. As usual Pappa Vidyaakar performed the pooja. The cattles were also given a bath and all those rituals like appling of turmeric on the cattle, feeding them was performed by Pappa Vidyaakar.



Resident children in a traditional attire



Pappa performing ritual to the cattle



Rangoli of Krishna



Pooja performed by Pappa Vidyaakar



GOVERNMENT DEPARTMENT VISIT TO SHANTHIVANAM:

PROBATION OFFICER – INSPECTION TO SHANTHIVANAM HOME:

Mr. Syed, Probation Officer, made a visit to Shanthivanam, Udavum Karangal to review the ICP (Individual Care Plan) reports for CCI children. He carefully examined the ICP reports and approved the same.



Mr. Syed interacting with Udavum Karangal Social worker Ms. Banu Priya

DDAWO INSPECTION – OFFICIAL VISIT

Tiruvallur Joint Director Dr. Sekar and his official crew (Mr. Srinivasan - DDAWO, Dr. Ramanujan, and Dr. Sakunthala Devi - Psychiatrist) made a visit to our Psychiatric wing at Shanthivanam, Udavum karangal. They reviewed all of the patient registers, license information, residential area, occupational therapy unit, and Restored - Restoration Documents as well.





SAPLING DONATION - LIONS CLUB

Mr. Elango, Treasurer of the Lions Club, and his club members contributed over 100+ plant saplings to Shanthivanam, Udavum Karangal.



WOMEN TRAFFICKING AWARENESS - DEPARTMENT OF POLICE

Avadi Police Inspector Mrs. Rajeshwari from the Child Trafficking Department examined our Shanthivanam Unit with her team (Mrs. Rani, Mr. Zaheer Hussain, and Mrs. Sudha). She then talked to our children about child trafficking, child lines, and the importance of staying secure and sheltered.





SINGAPORE SPONSOR VISIT - FEEDING

Mrs. Sarojini Kanagalingam from Singapore accorded us a visit on July 26th. She travels every year to serve an exclusive dinner to all the residents of Udavum Karangal



BANGLE FESTIVAL - AADI POORAM - 21.07.2023

The festival of bangles has special significance for Aadi Pooram, the residents of Shanthivanam, who have celebrated this auspicious event at Sri Devi Karumariamman Temple within the precincts of Udavum Karangal. The bangles mala offered to the goddess were distributed to all residents, employees, and volunteers at Shanthivanam.

TRADITIONAL MONTH CELEBRATION - 06.08.2023

Aadi is the fourth month of the Tamil calendar. This month, people worship the Goddess in her various manifestations in order to obtain her blessings for wealth and contentment. We celebrated by offering Ragi Porridge to the deity Sri Devi Karumariamman, who lives on our premises. Along with Pappa, all of the children from Shanthivanam, as well as patients from Dignity and Athma Shanthi, got blessings.

ANTI - DRUG AWARENESS PLEDGE - 11.08.2023

On September 11th, as per the instruction from DCPO Thiruvallur, CCI children at shanthivanam took Anti - Drug Awareness Pledge in Sai Baba Temple assisted by the Child Welfare Officer Ms.Banupriya





ACUPRESSURE TECHNIQUES - Dr. Akbar Ali – 16.08.2023

Dr. Akbar Ali, an acupressure specialist from Kumbakonam, came to Shanthivanam to aid all the kids and staff members. He clarified how physical pressure is used to treat aches by applying it to certain spots on the body.

Coimbatore Chapter:

Observation Visit –Nehru Arts and Science College:

On 26.07.2023 Nehru Arts and Science College, Coimbatore had their observation visit to our campus with the 1st year MSW Students of 18 accompanied with three staff. Orientation about the nature and projects (Sakthivanam, Thanjam, Parivartan, Vimochana, Sontham & Paraspura) of Udavum Karangal was presented by Social Worker from 10 am to 11 am at Sakthivanam and Thanjam campus. Students had interactive session with the Sakthivanam patients and they also purchased handmade articles (Thread bangles, earrings and hairbands) done by the inmates of Thanjam.



Vinayagar Chathurthi festival celebrated at Coimbatore Home:

On 18.09.2023 "Vinayagar Chathurthi" fest was celebrated in Sakthivanam and Thanjam. The fest started at 9.30 A.M. Mr. Ratan Vidyaakar started the pooja by showing camphor with a rang bell to the clay idol "Lord Ganesha". The idol was decorated with colourful flowers and Arugambul garland along with padayalin front of Lord Ganesha favourite Modak (Kolukattai), black chickpeas (sundal), fruits. Both Thanjam and Sakthivanam inmates gave their presence and pray the lord Ganesha to give knowledge and wisdom to all. End of the fest kolukattai, sundal was served as the prasadam to all the inmates.





**Home Committee meeting
was held at our Coimbatore
Home on 07.09.2023**

Thiruvannamalai Chapter:

Observational visit of students from Arunai Medical College to Thiruvannamalai unit:

At Ramana Rehabilitation Centre, Thiruvannamalai Twenty, 2nd Year MBBS Students of Arunai Medical College Thiruvannamalai made an Observational visit to our home on 20-07-2023. Orientation about the Home activities and the various projects undertaken by Udam Karangal was briefed to medical students followed by an interactive session with Ramana Rehabilitation Centre inmates.



RESTORATION AT RAMANA REHABILITATION HOME THIRUVANNAMALAI:



Mr. Muni Krishnappa at the time of Restoration
to his family on 30-07-2023



Mr. Muni Krishnappa reunited with family by
Mr. Manjunatha social worker.



Jeevan Community College Chapter:

Awareness on Deworming in JCC - 02.09.2023

To raise awareness about the importance of deworming, mainly for children from 1 to 19 years of age. Worms are a very common source of illness for both adults and children, so experts recommend that deworming should be done two times a year, or every six months. Deworming is the process of eliminating intestinal parasites, such as worms, using medication.

In order to make awareness for JCC Students, from Thiruverkadu PHC, senior Sister Ms. Rosilina, distributed the tablets to all our students and our staffs Ms. Sureka and JCC staff explained about the benefits of Tab. Albendazole to our students and all the students intake the medicines under their supervision.



Bank of Baroda Union donated a typewriter to Jeevan Community College students to practice typing skills. Typewriter was collected by Mr. Mallikarjun of Udavum Karangal





DENTAL CAMP FOR STUDENTS OF SCHOOL FOR SPECIAL CHILDREN:

Udavum Karangal maintains a school for the special children, under the license of Govt. of Tamilnadu, to teach the kids with intellectual disability like Autism, dyslexia, slow learners, etc. through ABL –Activity Based Learning method.

Dr Divya MDS, a Pediatric Dentist showed interest to organise a dental camp for the special children at Udavum Karangal. Ms. Nirmala, Headmistress of the school for the special children at RVN Premises co-ordinated the camp held on 7th September 2023. The mothers of the children were informed in advance who along with their children attended the Dental Camp. 25 of the children were examined and treatment suggested. They promised to hold a follow up camp in another 3 months' time, to note down the improvement. Dr. Divya expressed happiness over providing an opportunity to treat the children at free of cost.



Campus selection at New JCC

Be Well hospital, one of the reputed hospitals in Chennai have come forward to conduct a campus interview on 7th Sept. 2023 at NEW JCC for recruiting candidates for the Post of "Nurses". A total of 30 candidates appeared for the interview and 10 of them got selected for the posts. They will be joining from Oct. onwards. The interview was conducted by Dr. Vishnu Prabhu, CEO of Be Well Hospital.

The students who got selected are from under privileged families and their income will surely help their families to get to a better position.





RVN SCHOOL CHAPTER TEACHERS DAY CELEBRATION IN SCHOOLS/COLLEGES OF UDAVUM KARANGAL EDUCATIONAL TRUST

Teachers' Day 2023: Every year, India celebrates Teachers' Day on 5th September to commemorate the birthday of Dr.Sarvepalli Radha krishnan, the country's first Vice President and former President, scholar, philosopher, and Bharat Ratna awardee, who was born on this day in 1888.

Every year UKET all the teachers and other staffs will celebrate the day with presence of Founder secretary in school premises- his motivational speech and his rewards to all the staffs makes us uplift.

This year we celebrated the Teachers day in NEW JCC -Multipurpose hall, which is beautifully decorated by flowers and festoons, all the teachers and staffs nearly 100 staffs had attended the program with uniform, the Program started with the welcome address by Ms.Lara Steward, principal of RVN, Lightening the lamp by Founder secretary and other chief guest Ms.Jayanthi, AO-Udavum karangal, Dr.Rangarajan, Admin manager of Gayathri Hospital, Prayersong by Ms.Manjari and all the experienced teacher shared their beautiful journey as a teacher and Pappa Vidayaajar delivered his special speech, motivated all the teachers and honored them with the cash prize. the program mastery of ceremony by Ms.Kavitha, co-ordinator.



Pappa with RVN, JCC School teachers, Dr. Rangarajan AM Gayathri Hospital & Ms. Jayanthi AO- UK Admin office

"If there were no Teachers, all other Professions would not exist" with the note of Pappa Vidyaaakar the program was overwhelmed with spirit and happiness.

SwachhataDiwas Celebration at RVN School, Thiruverkadu

The Executives and Staff of National Small Industries Corporation Ltd. (NSIC) visited RVN School on 29th September 2023 on account of celebration of SwachhataDiwas. An Essay Competition for the kids studying in Class VIII to X on "GARBAGE FREE & CLEAN INDIA" was organized by them in which 30 students participated. Three prizes were given for each class for the best essay. The other participants were also given consolation prizes. The Sr. Branch Manager of NSIC who spoke on the occasion gave an detailed account of the purpose of the celebration and also how we should keep our place clean and tidy and its importance. She thanked the Ms. Lara Mary, Principal of RVN for having organized the event and bringing awareness among children.





MILLION MEAL PROJECT COMMENCED IN RVN SCHOOL IN JULY 2023

Udavum Karangal Educational Trust has embarked upon a Project – Million Meal –To provide sumptuous and nutritional noon meal to the deserving girl students of the RVN School in order to encourage them to continue their studies without having the burden of depending on their poor parents for lunch. The benefits are:

- More children join school so that they can also have free lunch;
- It is not only feeding the hungry but also giving them education to stand on their own legs;
- The scheme removes differences between people when they sit together to eat;
- If it is given in the right combination, it becomes a nutritional lunch;
- Drop outs of school by girl children due to poverty are reduced.

A meal provided to a girl child will bring a great difference in her life, as will be supporting her to march towards joining the elite group of learned people who will be the torch bearers of the future world.

• Noon meal to 500 deserving girl students who are economically backward will be provided on all the working day of RVN School, Thiruverkadu, at the Central Auditorium where Stainless tables and benches have been arranged. • The meal is provided at 12.45 pm during lunch time at the school. • The menu for the Tomato rice with potato, Lemon rice with vegetable curry, Sambar bath with appalam, Pudina rice with cabbage curry, Tamarind rice with vegetable curry, Vegetable rice with onion raitha. On special occasion sweet is also served.

Udavum Karangal Educational Trust is committed to develop RVN School where children can utilize their full potential in their academic, creative, personal, physical, moral and spiritual development. It will equip children for the demands and opportunities of the twenty-first century.

This year the Million meal programme was started for 500 students from 5th July 2023 onwards, with the serving of first meal of the year by Pappa Vidyaakar



Students of RVN having their Lunch



JCC Students taking their Lunch

REPORT ON ZONAL LEVEL SCHOOL SPORTS COMPETITION

Ramakrishna Vidya Niketan Hr.Sec School, tried to expand their horizon into the sports arena. We are glad that our students had prepared to participate in the Zonal and Divisional Sports competition held at various places and have proved as a Never Giving up Team with a fighting spirit ignited within themselves.

This attitude has paved way to the beginning of the success story. The students had participated in the under and above 14 category Rely held at Govt High School, Mittanamallee, Chennai on various dates in the month of August & September 2023.



The Relay team bagged the 1st Place – receiving certificates, medals and the 2nd runner up trophy. Further, students participated in the Carrom, Tennikoit, Kho-kho, Chess and bagged up with 29 medals and 53 certificates.

Our school team secured 8 Gold, 11 Silver and 10 Bronze Medals.

Our school team was declared the 'Runners up'. Each team member received a certificate & memento.

The coach, Mr. Sankar was recognized for the zealous preparation of the team and also for officiating the Relay match. Indeed, it was a proud moment to cherish.



Zonal winners

STUDENTS IN VARIOUS SPORTS

Students are encouraged to participate in Co-Curricular and Sports Activities. Students choose from variety of sports and creative arts such as Athletics, Basketball, Yoga, Dance, Music etc. Competitions are held House wise to give opportunity to all students to show cause their talents in different fields. Students participate at Zonal and National level Competitions. Many times, students have won Gold, Silver and Bronze Medals for school in different age groups. Many students have been consistently showing great performance in Athletics. As the Zonal Level Meet was about to start, the team of sports man with the P.E.T Master captured the short glimpse of picture. "Computer education in school plays important role in student's carrier development" On the clear guidance of our Correspondent on September 13th the school started the basic computer classes for the board going students of class X and XII. The main aim was to provide the computer knowledge to students. Weekly thrice the theory and lab classes were scheduled. The classes are trained under the supervision of Headmistress Indra and Computer teachers Sandhya and Mahalakshmi.



DCA COMPUTER CLASS FOR BOARD GOING 2023



Computer Class



REPORT ON MILADI NABI:

Festivals are perceived as important part of education as they can help to create a sense of nationalism among students. Celebration of festivals brings students closer to traditional belief.

Keeping this in view, RVN School celebrated Eid-i-Milad-un-Nabi with great pomp and show on 28th of September. Eid is a time to share love and happiness”.

Eid-i-Milad-un-Nabi marks the birth anniversary of Islamic prophet Muhammad, which is believed to be the founder of Islam.” The celebration enlightened the students about the spirit of festival, spreading the message of love and brotherhood in the young minds.” The Principal wished Happy Eid to one and all.

REPORT ON STUDENT DEVELOPMENT PROGRAM BY “MOTIVATIONAL SPEECH”

The RVN School conducted a student development program titled “Student Motivation” on 7th September (Thursday), 2023 in RVN Main Hall from 4 pm-5pm.

The speaker of this program was Pappa Vidyaakar, the Correspondent of RVN School.

The presenter who himself is a source of motivation to students gave encouraging examples from his own life and inspired students to be a self-motivator. He discussed the importance of positive thinking and attitude which brings optimism into life and such constructive changes can make one brighter and more successful.

This program helped students to be guided by a positive mind and driven by self-motivation.

A total of 89 students attended this program.



Motivational speech by Pappa Vidyaakar to the students of RVN



NATIONAL GREEN CORPS

The main objectives of this programme is to educate children about their immediate environment and impart knowledge about the eco-systems, their inter-dependence and their need for survival, through visits and demonstrations and to mobilize youngsters by instilling in them the spirit of scientific inquiry into environmental problems and involving them in the efforts of environmental preservation.

In RVN we started with a batch of 50 students to utilize the unique position of school children as conducts for awareness of the society at large.

The School has planned to involve students in various activities such as Biodiversity Conservation, Water Conservation, Energy Conservation, Waste Management and Land Use Planning and Resource Management.

The Themes will be presented every month for the awareness of society

1. Disposal of Solid waste 2. Water conservation 3. Air Pollution 4. Biodiversity Conservation 5. Plantation campaigns 6. Climate change 7. Development of environment friendly attitudes among people 8. Study of eco systems and important role-played by biodiversity in our lives.



National Green Corp

SILAMBAM COMPETITION WINNERS

We happily share the outstanding performance of our school students at the recently held Silambam competition organized by the Amateur School Games Development Association in Tuticorin. This martial art competition saw an impressive participation of 1700 students from various districts of Tamilnadu, including 12 talented students from our school.

Our students showcased exceptional skills and determination, bagging numerous prizes across all age groups. This remarkable achievement not only reflects their dedication but also highlights the excellent guidance provided by their master.

We take immense pride in congratulating our students and their master for their incredible accomplishments. Their success brings honor and recognition to our school, demonstrating our commitment to nurturing well-rounded individuals.



Silambam Winners



NUTRITION WEEK FOR THE YOUNG MINDS

The Nutrition week is observed for our Kindergarten students to raise awareness about the importance of nutritional and adaptive eating habits in order to live a healthy lifestyle. At RVN School, we focus strongly on our students' physical and mental health and a proper nutritious diet plays an important role in the overall wellbeing. Since the pandemic wreaked havoc, awareness of healthy eating habits has begun to spread across the globe. We've all known for a long time that eating right, among other things, is the key to good health. Cereals, pulses, vegetables, fruits, nuts, seeds, dairy, and other foods from all food groups should be included in a well-rounded meal plan."

"As part of National Nutrition Week, students at RVN School, created fruit and vegetable baskets and healthy food platters. The students also learned about the importance of proper nutrition for overall healthy and fit bodies. We encourage all of our students to live a healthy lifestyle. They should eat a healthy diet, exercise regularly, and remember that water is an essential component of all human cells, so hydrate frequently. They should also get 7 to 8 hours of sleep, and this should be repeated throughout their lives."



Nutrition week



JUNIOR RED CROSS:

The Junior Red Cross is the Students's wing of the Red Cross. It is a group movement organized within schools. Students who take part in Junior Red Cross activities are known as 'Juniors'. The teachers who guides the students in JRC activities, is called "COUNSELLOR". More than 50 students of RVN has enrolled in the JRC.

1. Promotion of Health
2. Service to the Sick and suffering people
3. National and International friendliness

JUNIOR RED CROSS MOTTO:- "I SERVE".

JUNIOR RED CROSS PLEDGE:

"I pledge myself to care for my own health and that of others, to help the sick and suffering, especially children and to look of all other children all over the world as my friends.

FUNCTIONING OF JRC IN SCHOOLS:

In Rvn JRC activities are formulated based on its Principles of Health, Services and Friendship. The programs are chalked out in such as way to suit occasions, locations and social requirements. Some of the activities that can be organized are indicated here.

Promotion of Health:

(a) Practice of health Habits (b) Cleanliness of School Premises (c) Health Awareness campaign in the nearby areas (d) First Aid Training (e) Blood grouping camps for JRC members and Blood donation open demonstration by JRC COUNSELLOR.





INDEPENDENCE DAY ACTIVITIES

Our RVN celebrated its Independence Day on 15th of August 2023 this year, and it remains of all the sacrifices that were made by our freedom fighters to make India Free from British Rule. It was decided to conduct activities for all the RVN's to mark the victory and pride of free India. Students from all the classes actively participated in all competitions conducted on the day by the team of Teachers. And the prizes were distributed to all the winners on Sep 6 2023.



Independence day Celebrated at RVN School



RVM SCHOOL CHAPTER

KAMARAJAR 'S BIRTHDAY CELEBRATION

15.07.2023

Kamarajar's Birthday was celebrated by our school as "Kalvi Varchi Naal". The function was as

- Tamil Thai Vazhthu. • School prayer song.
- Kamarajar poem by Ms. Yakshithasree of std II & Ms. G Miduna of std VII.
- Tamil speech by Ms.J.Deepika of std- IX included his life history, birth place, parents, his education, and his achievements as chief Minister, his part in the freedom struggle and his awards.
- A small Tamil drama about kamarajar depicted the incident which induced Kamarajar to start more schools, noon meals scheme and free education.
- The English speech by Ms.K. Pragathi and Ms.C.Banusri had a small story about the shepherd boy who did not go to school as he had to earn for his family. This incident forced Kamarajar to provide food to the students who come to school.
- As an interesting element Ms.R.Poojashree of STD – IX recited 40 Thirukkural in a row without any interruption in between, which was really surprising.
- Finally we had Ms.G.Bharathi of STD V who shared some "good habits for students " with us.
- The celebration came to an end with the National Anthem.
- We are sure that the during achievements of Karmaveerar Kamarajar like free education, noon meal scheme, uniform for school children, irrigational projects like canals and dams, many industries and his part in the freedom struggle will have a positive impact in the minds of our students to become a dutiful citizen in future.



Fun Corner



Management Lessons

Once there was a frog in a little pond. Slowly the water in the pond started drying due to hot weather. One day, two geese came near the pond and the frog asked the two geese to take him to the nearby pond where there is more water.

One of the geese said, "We know a pond where there is plenty of water. But, how can we take you there". Frog told them, "Don't worry, I have an Idea. You both hold a stick in your beaks and I will hold it with my mouth. Then you both can fly to that Pond".

Both the geese thought it should work and off they went. When they were flying, it was quite a sight for other animals on the ground. They looked up and admired their creative teamwork.

Some animal shouted, "It was a great idea and which one of you is so clever to bring the idea of travel".

Hearing this, the two geese kept silent and thought in their mind it was a team effort and focused on flying. But the frog opened his mouth and said, "It was I, who gave this idea" and he fell to the ground and died.

Moral of the story: There is no "I" in the team.

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